



North Peace Housing Foundation

Lodge Events

July 2014

GARDEN COURT – North Peace Housing's self contained, independent living apartments, are up and running. We sincerely hope all our new residents enjoy their brand new home. Suites are still available @ 624-3919
Located west of the Peace River Hospital

Happy Canada Day!



The sun does not shine for a few trees and flowers but for the wide world's joy.

Henry Ward Beecher



Lodge Contacts

Autumn Lodge, Berwyn 338-3917

Harvest Lodge, Fairview 835-2862

Del Air, Manning 836-3325

Homesteader, Hines Creek 494-3500

Heritage Tower, Peace River 624-3919

Central Office, Peace River 624-2055

STAYCATION OR DAYCATIONS

The meaning of staycation or daycation is day trips in your area and going home at night to sleep. Enjoying the local community events, taking in a concert, dining out and not traveling too far or getting a costly hotel room. This all adds up to saving money and still enjoying the summer events. Some of the great local events are even free. Check out your local community events calendars. Some suggestions are to purchase an item with the money you would have normally spent on vacation, on a back yard pool, lawn ornaments or a ticket to that special concert you wouldn't normally buy. A nice day along the river or at your local lake with a picnic lunch can also turn into a great day. Check it out and enjoy your summer.

Thunderstorms

Thunderstorms result in the rapid upward movement of warm, moist air. They can occur inside warm, moist air masses and at fronts. As the warm, moist air moves upward, it cools, condenses, and forms cumulonimbus clouds that can reach height of over 12 miles. As the rising air reaches its dew point, water droplets and ice form and begin falling the long distance through the clouds towards the Earth's surface. As the droplets fall, they collide with other droplets and become larger. The falling droplets create a downdraft of cold air and moisture that spreads out at the Earth's surface, causing the strong winds commonly associated with thunderstorms and occasionally fog.



What did the pig say on a hot summer day at the beach?

I'm Bacon!

GET A BERRY BOOST

Have a cup of fresh berries, blackberries, blueberries, raspberries or strawberries – everyday. They'll help you load up on antioxidants, which may help prevent damage to tissues and reduce the risks of age related illnesses. Blueberries and blackberries are especially antioxidant-rich. A big bonus berries are also tops in fiber, which helps keep cholesterol low and may even help prevent some

Bus Trips for the Lodge's

- July 2nd Picnic at Strong Creek Park on the Shaftsbury Trail
- July 9th We're going to Tagent Park for a picnic, horse shoes, Bollo Ball & Bocci
- July 16th Dixonville Park & some local girls with their horses & Jack Pot
- July 23rd Dunvegan Park, Tour the history or play some card bingo
- July 30th A trip to Lac Cardinal Museum. Look around at the sites and play some bingo.