



May 2014

Happy Mother's Day

GARDEN COURT – North Peace Housing's self contained, independent living apartments, are up and running. We sincerely hope all our new residents enjoy their brand new home. Suites are still available @ 624-3919 Located west of the Peace River Hospital



Mothers Day

Mothers Day falls on the second Sunday in May. Most people express their gratitude for their Mother or Mother figures who took the time to take care of them and guide them through life's challenges. Mothers Day is celebrated all over the world.

Lodge Contacts

- Autumn Lodge, Berwyn 338-3917
- Harvest Lodge, Fairview 835-2862
- Del Air, Manning 836-3325
- Homesteader, Hines Creek 494-3500
- Heritage Tower, Peace River 624-3919
- Central Office, Peace River 624-2055



The History of Victoria Day

Queen Victoria was born on May 24th, 1819. Following the death of her three uncles and father, she became Queen and reigned until her death on January 22, 1901. Victoria is still the longest-reigning monarch of the United Kingdom. During Victoria's life, the British Empire expanded considerably. Thus she was highly respected. However, her powers as Queen were reduced as the House of Commons became more important and powerful in British politics.

After this weekend gardeners can be reasonably sure no more frost until the autumn. So they can sow and plant out delicate plants.

Recreational homes are opened up for summer and amusement parks and outdoor attractions open for the summer season.

It's the celebration of warm weather.

Thank U Mother For All That U Do,
I Know My Thanks Are Far To Few
I Really Do Love U I Don't Say
Enough
4 me Those Words Are Really Tough
I Wish That I Could Express All That I
Feel
But 4 Me U Know Thats Is A Big Deal
Have A GR8 Day I'm Thinking Of U
I'm Hoping That My Feelings Are
Getting Through
Happy Mothers Day

Breathing Fresh Air

Sleeping with a window open helps you to wake up refreshed instead of tired and drowsy. To warm a room weakens the body. Breathe deep using the capacity of your lungs at least three times a day helps to ward off diseases. Good posture helps to fill the lungs with good air.

Day Trip Prices

We charge \$15.00 for your meal and a \$5.00 charge for the day.

Please feel free to contact your nearest lodge to join in on an outing.

Meet new people and experience a day of fun.

Bus Trips for the Lodge's

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| May 7 th | Mother's Day celebration at Manning Lodge |
| May 14 th | Lunch at the Fairview Drop In and an afternoon of music, cards & visiting |
| May 21 st | Bingo and Pizza at the Grimshaw Legion Hall. |
| May 28 th | Picnic at Fern's Greenhouse, we bring a bag lunch for each resident. |